



LIABILITY WAIVER

I do hereby release Agoge Wrestling Club ("AWC"), its owners, operators, instructors, employees, agents and servants, from any and all liability for personal injury to me or my child[ren] and/or ward as the result of any negligence arising out of or in the course of or in any way related to me or my child[ren]'s use of the facilities, equipment, apparatus or premises of AWC at 11 Lance Lane Unit 12, Goffstown, New Hampshire ("Wrestling Club") and /or my or my child's participation in other events organized, run and/or sponsored by AWC, whether at said wrestling club or elsewhere.

On behalf of myself and my child[ren], I agree to indemnify and hold harmless the said claims, demands, costs, expenses and compensation arising out of or in the course of or in any way related to any personal injury to me or my child[ren].

By signing this release, I acknowledge my understanding and acceptance of the following:

1. Any sport requires strength, agility and concentration and that it is solely my responsibility to determine that my child is in good health and good physical and mental condition before permitting my child to exercise, work out, receive instruction or perform.
2. That any sport that requires twisting, turning, tumbling, jumping, flexion, extension and rotation, which movements are often performed with considerable force and/or at considerable height and which can result in severe, permanent personal injuries, including, but not limited to, bruised, strained, sprained or torn muscles, tendons and ligaments, broken bones, derangements or dislocations of joints, concussion, brain damage, nerve and spinal cord injury, paralysis and death.
3. That all sports require the use of apparatus and/or equipment, which may cause or contribute to severe, permanent personal injuries, such as those described above.
4. Wrestling is a sport that has many contagious skin conditions and infections that a student may contract. Parents and wrestlers will notify coaches of any skin lesions or infections that they may have and take proper steps to safe guard other members.

Printed Name of Parent/Legal Guardian

Date

Signature of Parent/Legal Guardian